



**MySuperFuture** seeks to take its students onto a journey of exploring the potential of their creativity within the frame of the dramatic arts. The process uses a range of drama-based activities to explore the different skills needed for a performer to be on stage. It will also enable students to develop listening, speaking and teamwork skills in an engaging and fun environment.

Students will experience the freedom of expression yet being aware of their capability in communication, negotiation, proposition and improvisation. As they become more aware, it gives them much purpose and encouragement to progress in their creativity and build confidence to voice out or to propose their individual thoughts.

The process promises expand their capacity for performances and understand the ingredients that are truly needed to make theatre with their entire beings.

This is also an opportunity to see their individuality, drive and thoughts translated into a performance exclusively for them, providing an engaging and memorable experience to theatre within their years in the training. The students will feel valued and nurture a strong sense of ownership for their own work.

**MySuperFuture** has two clear objectives in their project:

- To raise the aspirations of the students through participation in training to build their confidence, inspire curiosity and teamwork skills, facilitated by professional drama educators
- To train and equip every student with the capacity for performance through theatre training and basic principles of the theatre code of conduct.

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## **METHODOLOGY**

The course will be conducted based on the following principles

- Learning as a process
- Learning in collectives
- Learning through modeling
- Learning through experimentation
- Learning with positive encouragement
- Learning through critique and evaluation
- Learning with a reflective mind

## **TARGET GROUP**

- Sec 1-5
- Facilitator: Students = 1 : 20

## **TIME FRAME**

- Duration of each session: 3 hours
- Number of Sessions in total: 30

## **SCHEDULE**

*\*Listed by school*

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# Program Overview

## Session 1

- Introduction 1

## Session 2

- Introduction 2

## Session 3

- Space and Your Body 1

## Session 4

- Space and Your Body 2

## Session 5

- Space and Your Body 3

## Session 6

- Space and Your Body 4

## Session 7

- Space and Your Body 5

## Session 8

- Improvisation 1

## Session 9

- Improvisation 2

## Session 10

- Improvisation 3

## Session 11

- Improvisation 4

## Session 12

- Improvisation 5

## Session 13

- Improvisation 6

## Session 14

- Voice 1

## Session 15

- Voice 2

## Session 16

- Voice 3

## Session 17

- Voice 4

## Session 18

- Creation 1

## Session 19

- Creation 2

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**Session 20**

- Creation 3

**Session 21**

- Rehearsal

**Session 22**

- Rehearsal

**Session 23**

- Rehearsal

**Session 24**

- Rehearsal

**Session 25**

- Rehearsal

**Session 26**

- Rehearsal

**Session 27**

- Rehearsal

**Session 28**

- Rehearsal

**Session 29**

- Rehearsal

**Session 30**

- Rehearsal



## PROGRAM OUTLINE

### S1-INTRODUCTION (3HRS)

#### OBJECTIVES

- Building rapport with students
- Establishing rules and work attitude
- Overview of training

INTRODUCTON	30mins
<ul style="list-style-type: none"><li>• Attendance</li><li>• Introduction &amp; Expectation</li><li>• Establish rules &amp; work attitude</li></ul>	
ACTIVITY - BALL IN AIR [Warm-Up Game]	15mins
ACTIVITY - DO YOU LOVE YOUR NEIGHBOUR [Warm-Up Game]	15mins
NEUTRAL POSITION [PRESENCE ON STAGE]	15mins
EXPLORING SPACE [BASIC]	30mins
ACTIVITY - HUG & TAG [Warm-Up Game]	15mins
PERFORMATIVE TEST	45mins
REFLECTIONS	15mins
<ul style="list-style-type: none"><li>• Discussion for the day [Talk back session]</li><li>• Journal Update</li></ul>	

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## PROGRAM OUTLINE

### S2-INTRODUCTION 2 (3HRS)

#### OBJECTIVES

- Building rapport with students
- Establishing trust with fellow students
- Overview of training

ACTIVITY – NAME GAME [Warm-Up Game]	15mins
ACTIVITY – BLIND CARS [Warm-Up Game]	30mins
IMPROVISATION [STILL IMAGES]	30mins
IMPROVISATION [HUMAN CLAY]	15mins
ACTIVITY – SWORD & SHIELD [Warm-Up Game]	15mins
VOICE [FREEING YOUR VOICE]	45mins
ACTIVITY – COME TO THE CENTRE	15mins
REFLECTIONS	15mins
<ul style="list-style-type: none"><li>• Discussion for the day [Talk back session]</li><li>• Journal Update</li></ul>	

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